



Tranent Amateur Swimming Club invites you to the

Tranent ASC Open Graded Meet

Meet Information

Date: Saturday 25th April 2026

Venue: Mercat Gait Centre, Prestonpans, East Lothian, EH32 9EN

Licence: L2/ED/005/APR26

Pool: 6 lane, 25 metre pool with anti-wave lane ropes; full electronic timing with 3 lane display board

Ages: Age on the day of meet. We will not accept entries from swimmers under the age of 10 on **25th April 2026**

Age Groups: No age groups. Swimmers will swim in timebands.

Awards: Medals for Top 3 in each timeband for each event. A memento will be awarded to those swimming faster than the timeband.

Events: All events are heat declared winners; Please see below for the schedule of events. Events will be swum in timebands.

Should entry numbers see the need to adjust numbers to comply with licence rules time band A will be adjusted from slowest to fastest.

Sessions: Session 1: 9am warm up for 9:45am session start
Session 2: 1:15pm warm up for 2:00pm session start

Warm ups will be split into two 20 minute warm ups.

WARM UP TIMES MAYBE SUBJECT TO CHANGE WHEN A DRAFT PROGRAMME IS PREPARED.

Entry Fees: £7.00 per event



- Entries:** Entries should be made on Hy-tek entry files by no later than noon on **Thursday 2nd April**. Entries should be sent to **Susan Liddle** by email at susan.liddle@googlemail.com
- Officials:** We ask that clubs entering please indicate officials willing to officiate at this event.
- Club staff:** We ask that clubs entering provide a list of names of those attending and that they have a district pass. Also please note the number of deck staff may be limited according to numbers of swimmers attending from their club.



SCHEDULE OF EVENTS

AM	Timeband A	Timeband B
101-102 – Female 100m Backstroke	Faster than 1:23.19	Slower than 1:23.18
103-104 – Male/Open 100m Breaststroke	Faster than 1:34.70	Slower than 1:34.69
105-106 – Female 100m Butterfly	Faster than 1:23.90	Slower than 1:23.89
107-108 – Male/Open 100m Freestyle	Faster than 1:12.88	Slower than 1:12.87
109 – Female 50m Freestyle	N/A	N/A

PM	Timeband A	Timeband B
201 – Male/Open 50m Freestyle	N/A	N/A
202-203 – Female 100m Breaststroke	Faster than 1:35.12	Slower than 1:35.11
204-205 – Male/Open 100m Backstroke	Faster than 1:23.02	Slower than 1:23.01
206-207 – Female 100m Freestyle	Faster than 1:13.89	Slower than 1:13.88
208-209 – Male/Open 100m Butterfly	Faster than 1:23.25	Slower than 1:23.24

Rules

- The current World Aquatics and SASA rules of competitive swimming will apply.
- The meet shall be run in accordance with SASA's Transgender & Non-Binary Competition Policy.
- All events will be **Heat Declared Winners**.
- All swimmers must have a current SASA or equivalent registration number.
- Age will be calculated as on the day of competition.
- Electronic timing will be in operation. In the event of electronic failure, back-up manual timing will be used.
- The organisers reserve the right to restrict entries to allow for the smooth running of the meet. Rejected entries will be refunded in full.
- Swimmers must act on the instructions given by the meet officials and behave in a reasonable manner at all times.



- It is the responsibility of each club to ensure that their swimmers are aware of the meet rules and guidelines.
- Swimmers must report to the designated marshalling area a minimum of four heats in advance. It is the responsibility of the clubs/coaches to ensure that their swimmers report to marshalling on time.
- Over the top starts may be used to help the smooth running of the event.

Warm Up

- Warm up may only commence when advised to do so.
- Diving only in sprint lanes when introduced.
- Meet stewards will determine sprint lanes.
- No congregating allowed at either end of the lanes.

Miscellaneous

- The use of mobile phones is prohibited in the changing rooms and showers.
- The organisers reserve the right to exclude or refuse admission to any competitor, spectator, or team official.
- Neither Tranent ASC or the Mercat Gait Leisure Centre can be held responsible for loss or damage to any property. Swimmers should use the lockers provided and not leave belongings lying around unattended. Bags should be stored in lockers and not brought onto poolside.
- Any belongings left in unlocked lockers or changing rooms will be removed.
- Swimmers must act on the instructions of meet officials and behave in a responsible manner at all times.
- No glassware may be taken into showers or poolside. Anyone doing so will be liable to expulsion from the meet.
- Outdoor footwear must not be worn on the poolside area.
- Swimmers MUST wear dry clothing and footwear at all times when not on the poolside area.
- The Tranent ASC committee retains the right to amend any of the above conditions as necessary.
- Anything not covered in the above or in the event programme will be at the organisers' discretion.



PHOTOGRAPHY STATEMENT

Tranent ASC Open Graded Meet

By attending the event either as a participant, volunteer, team staff or spectator, you accept that any photographs / videos taken will not be used for illicit purposes or that pictures / films produced will not be altered in any way or uploaded onto the web without the consent in writing of the person(s) photographed / filmed. **The use of mobile phones or other electronic devices capable of photography are not permitted to be used at any time in the changing village, toilets or shower areas.**

Spectators who wish to take images are requested to focus on their own family member as much as reasonably possible and to avoid including other participants in images, particularly if those images are being shared with family and friends or through social media platforms.

The use of professional camera equipment and flash photography is prohibited at the Event. Only accredited media can use this type of equipment. Media wishing to gain accreditation must put the request in writing to the event organiser prior to the start of the competition.

Please scan the QR code to read the East District & Scottish Swimming photography statement





Tranent Amateur Swimming Club

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Entry Form Summary

Name of Club -

Club Code -

Contact Name -

Address -

Telephone -

Number of Male/Open entries @ £7.00 each = Total:

Number of Female entries @ £7.00 each = Total:

Total Amount Enclosed:

Signed:

Position:

Please make payments by bank transfer to the following

Account Name	Tranent Amateur Swimming Club
Bank	Bank of Scotland
Branch	Haddington
Account	06002237
Sort Code	80-08-23
Reference (please quote)	Club Code/TASC Graded

Payments may be made by cheque on request.